

National Conference on Mental Health & Wellbeing **PRESERVING MENTAL HEALTH IN A CRISIS**

January 28, 2023 | Everly Hotel Putrajaya, Malaysia

8.00am **REGISTRATION**
9.00am **Arrival of GOH**

9.05am **Conference Opening**
9.15am **SAR Team – Batang Kali Emergency**
9.30am **Official Address by GOH**

9.45am **Recognition of SAR Team**
Recognition of NCMW Members

10.00am Press Conference
10.00am **Plenary 1**
Global Perspective on Mental Health and Psychosocial Support during a Crisis.
Speaker: Dr Nasser Loza
President, World Federation of Mental Health

10.30am COFFEE BREAK
10.45am **Plenary 2**
The Power of Community Healing
Speaker: Dr Rita Chi-Ying Chung, Ph.D.
Prof. Emerita, George Mason University, Virginia, USA, Vice President-Counselors Without Borders

11.30am **Plenary 3**
Prioritizing the Mental Health and Wellbeing of Care Givers, Frontliners and Human Resource Workers
Speaker: Tan Sri Dato' Dr Palan
Pro-Chancellor, University of Cyberjaya, Malaysia

12.00pm **Plenary 4**
Mental Health Challenges in Non-Communicable Diseases
Speaker: Dr Murallitharan Munisamy
Managing Director, National Cancer Society of Malaysia

12.30pm **LUNCH**

1.30pm **Plenary 5 Open Discussion**
Voice of the Youth

Plenary 6
Building a Safe Space to Preserve Children's Mental Health in Schools
Speaker 1 - Liew Xin Qi
Youth Leaders Program, UNICEF Childline
Speaker 2 - Ho Shu Yin
Youth Leader Program, UNICEF Childline

2.30pm **Plenary 7**
Suicide Prevention among Adolescents and Young Adults
Speaker: Dr Aili Hanim Binti Hashim
Consultant Psychiatrist, University Malaya Medical Center

3.00pm **Plenary 8**
The Role of Crisis Helplines In Suicide Prevention
Speaker: Thili Perera
CEO, LifeLine International, Australia

3.30pm TEA BREAK.
3.45pm **Plenary 9**
Organisational Response to a Mental Health Crisis.
Speaker: Assoc. Prof. Dr Anasuya Jegathevi Jegathesan
Dean, Faculty of Psychology and Social Sciences University of Cyberjaya, Malaysia

4.15pm **Plenary 10**
Increase Access to Mental Health Care
Speaker: Dr Nurashikin Ibrahim
Public Health Specialist
National Center of Excellence for Mental Health, Ministry of Health Malaysia

4.50pm **CLOSING**

Organise by: National Coalition for Mental Wellbeing
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